

Beverly (Billi) Cusick, PT, MS, NDT, COF/BOC

Beverly (Billi) Cusick is an internationally known pediatric physical therapist whose specialty is the orthopedic and orthotic management of children with cerebral palsy and other neuromotor deficits.



The Official Bio

Beverly Cusick, PT, MS, COF received her BS in PT from Bouve College at Northeastern University (Boston) in 1972, and her MS in Clinical and College Teaching for Allied Health Professionals from the University of Kentucky in Lexington (1988).

She is an Associate Professor for the Rocky Mountain University of Health Professions – Pediatrics Program – Provo, Utah (2006-present) and is NDT basic- and baby-trained.

Since 1978 she has written or co-authored numerous publications, including:

- ❑ *Progressive Casting and Splinting for Lower Extremity Deformity in Children with Neuromotor Dysfunction* (1990), a full-length text, in print through 2009.
- ❑ *Serial Casts: Their Use in the Management of Spasticity-Induced Foot Deformity* (1990), an illustrated manual.
- ❑ *Legs & Feet: A Review of Musculoskeletal Assessments* (1997, revised 2005), an instructional video/DVD.
- ❑ *Foot Talk* (2009), a 2-hour lecture on functional foot anatomy and closed chain biomechanics, accompanied by a CD with lecture handouts and related references.
- ❑ *Lower Extremity Developmental Features* (2000), a home study monograph for the APTA's Orthopedic Section.
- ❑ *Serial Casting to Restore Soft Tissue Extensibility in the Ankle and Foot* (2000) - a monograph.
- ❑ *Serial Casting for the Restoration of Soft Tissue Extensibility in the Ankle and Foot* (2007 and 2009) - a monograph.
- ❑ *Cast Fabrication Techniques #1: The FlexCast Preparatory AFO* (2000), a video & manual.
- ❑ Several textbook chapters, articles for journals, conference proceedings, and professional newsletters, including a series (2006 and 2007) on Pediatric Orthopedics for the NDTA Network.
- ❑ "Help Patients Manage Equinus Deformity." *O&P Business News*, 2011; April: 74-77.
- ❑ "Orthotic Management of Low-Toned Children: The Earlier the Better." (Co-author). *O&P Edge*. 2011; April: 24-29.



For further information, contact
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Billi has guest-lectured at annual conferences of the APTA, the NDTA, and the American Academy of CP and Developmental Medicine; at the ISPO Consensus Conference for Orthotics in CP; for the British Association of Prosthetists and Orthotists; and most recently at the International Conference on Cerebral Palsy in Sydney, Australia.

Since 1977, Ms. Cusick has conducted more than 400 courses and guest presentations in 18 countries.

Beginning in 1976, Ms. Cusick worked for 9 years on staff at Children's Rehabilitation Center (now the Kluge Center) in Charlottesville, VA. She then taught pediatrics-related courses for 3 years as a member of the PT Education faculty of the College of Health Related Professions at MUSC in Charleston, SC. In Charleston, she also initiated and directed PT services for the Division of Developmental Disabilities at the Medical University of South Carolina.

In 1988, she earned an MS in Clinical and College Teaching for Allied Health Professionals at the University of Kentucky in Lexington, where she also consulted for Cardinal Hill Hospital's Head Trauma and Pediatrics teams. She then served for 4 years, offering assistance and consultation to the PT Department of Lucile Packard Children's Hospital at Stanford.

Since 1993 Ms. Cusick has been consulting and practicing privately in or near Telluride, Colorado. There, she maintains a private practice, devoting most of her professional effort to generating literature and educational materials, to teaching, and to developing therapeutic products, including her invention, TheraTogs systems.

Since 2002, she co-founded and has served as the President/Chief Medical Officer of TheraTogs, Inc. which designs and manufactures customizable physical rehabilitation systems that are worn under the client's clothing to address neuromotor, orthopedic, and postural conditions in children and adults.

A curriculum vita is available upon request.



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