TheraTogs Launches Certified Fitter Program



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Contact: Lee Taylor, CEO (888) 634-0495 • news@theratogs.com

TheraTogs, Inc. announces the Certified TheraTogs Fitter (CTF) program, a new nationwide workshop series designed to validate and sharpen clinician skills in donning TheraTogs systems for optimum effect.

According to Lee Taylor, TheraTogs CEO, the CTF program was developed in response to both clinician and caregiver interest. "The CTF designation verifies that a clinician has been trained and tested in key TheraTogs garment and strapping applications," Taylor noted. "It validates clinicians' use of effective application techniques, helps them to optimize outcomes with TheraTogs, and gives clients and caretakers confidence in their clinician's skills."

Beverly Cusick, PT, MS, company President and the inventor of TheraTogs, pointed out that the new CTF training isn't required - over 25,000 systems are already in use by clinicians world-wide.

"Most clinicians already know how to use TheraTogs, because the systems are simply a means of practicing the same manual facilitation strategies used in treatment sessions," Cusick said. "With TheraTogs, clients can wear elements of their therapy program while doing their routine daily activities - gaining essential repetitions while positioned in a more kinesiologically-appropriate alignment." She also noted that all systems include illustrated instructions, and most include a DVD of procedure demonstrations.

The new CTF training program also allows TheraTogs, Inc. to respond to caregiver requests for referrals to TheraTogs-trained clinicians. CTF graduates will be listed in a referral database available to caregivers who are looking for a TheraTogs-savvy clinician in their area. The company plans to roll out the referral website in the first quarter of 2012.

To develop and manage the new CTF program, TheraTogs, Inc. called upon Progressive GaitWays, LLC, an established training company with 15 years' experience delivering high-quality clinical education programs and resources. The CTF workshops are designed to provide application-specific training for physical, occupational, and speech therapists, orthotists, and physiatrists who fit and customize TheraTogs orthotic systems for their clients.

CTF Level I workshops focus on posture and torso alignment and (re)training for such common indications as: hypotonia, body awareness deficits, postural instability, flexible kyphosis, lordosis, pelvic tilt issues, shoulder protraction, and scapular instability. Half-day and one-day versions of Level I training are offered in Sunnyvale, CA (March 23-24); Atlanta/Smyrna, GA (April 20-21); Houston, TX (May 18-19), Chicago (June 22-23), with other dates and locations pending. All workshops are expected to offer professional CEUs for orthotists and physical or occupational therapists.

Graduates of Level 1 programs will be able to sign up for Level II workshops starting in the fall of 2012. Level II certification will address either Lower Extremity or Upper Extremity strapping applications. Level III (full-body with distal extremities) courses will be offered in 2013.

TheraTogs, Inc. developed, patented, and manufactures TheraTogs, the revolutionary *wearable* therapy orthotic system that is enhancing outcomes in physical rehabilitation. For more information about the new Certified Theratogs Fitter program, visit www.theratogs.com/ctf or contact Lee Taylor at LTaylor@theratogs.com or 888-634-0495.