

Typical Inservice Topics & Activities



A Quick History Lesson: TheraTogs 1995- present

The Very Basics • A quick review of core principles:

- Most Important - don't try to FIX EVERYTHING at once!
- TheraTogs is all Biomechanics
- Where would your hands go *first*?
- Planes (prioritize by dominance)
- Tone (low vs. high)
- Muscular Imbalances (Dr. Shirley Sahrmann)
- Use a progression-based approach (adaptation), like any other modality
- Work proximal to distal – core first!

Diagnoses and Indications TheraTogs Can Address

- Too many to list here – see the Indications list at www.theratogs.com/indications

TheraTogs System Configurations – and their best uses

- Wunzi Infant System
- Posture & Torso Alignment (PTA) System
- Lower Extremity (LE) System
- Full Body System (FBS)
- Wrist/Thumb System
- Dragonfly TLSO System (code-verified for reimbursement!)
- TogRite Strapping

DEMO: Donning the TankTop and Hipster

DEMO: A few common strapping applications

Q & A – LIVE give-and-take with Clinical Support

THE BEST NEWS: THE INSERVICE WEBINAR IS FREE!

Schedule your Inservice Webinar TODAY to lock in your preferred dates.

Contact support@theratogs.com • (970) 239-0112 to get started!